

Baptist Hospital Bathing Protocols For All Patients-Ages 6 Months* and Older



Do not use CHG products on infants 2 months or younger

rowpixel

Showering is Best

Patients who are able to ambulate must take a daily shower

Aloe Vesta products are CHG compatible

If the patient does not want to bathe, explain the importance of a daily bath/shower. If the patient continues to refuse, document “patient refused shower/bath.”



New Skin Care Products for Bedbound Patients

Readybath, Remedy Cloth, ReadyCleanse

- **Total Body Patient Cleansing — Eliminate the Basins**



Hair Care
Bathing
Incontinence
Foley Care

Color-Coded System


Superior Innovative Products

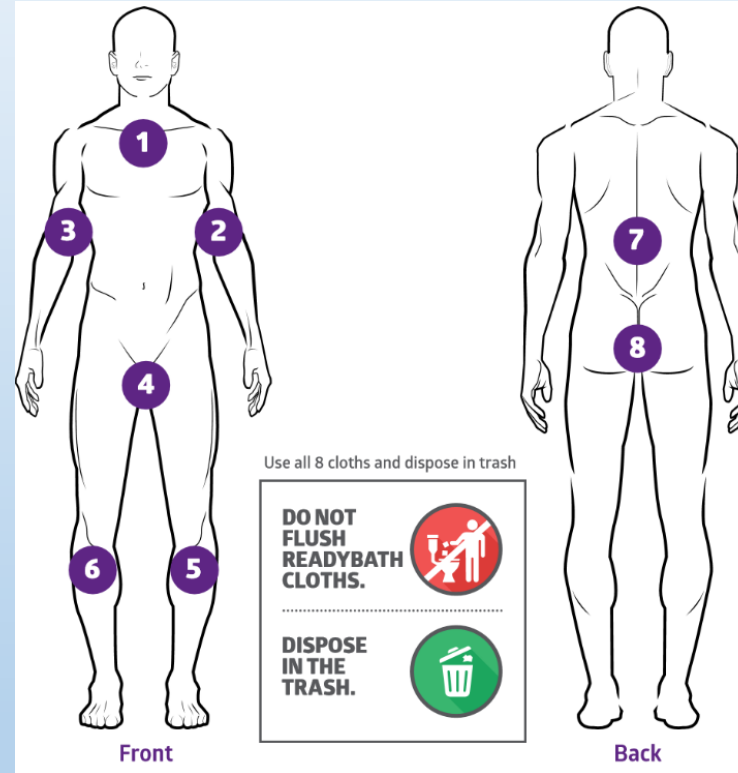

The Best Educational Tools

Do Not Flush Any Of These Products!

ReadyBath Fresh

Bathing

All bedbound patients are to be bathed in the AM. All 8 cloths must be used for each bath (follow instructions on package).



- 1 Face, neck and chest
- 2 Left arm/armpit
- 3 Right arm/armpit
- 4 Perineum
- 5 Left leg
- 6 Right leg
- 7 Back
- 8 Buttocks

Do Not Flush!

Foley Care

ReadyBath Cleanse

Prevent CAUTI



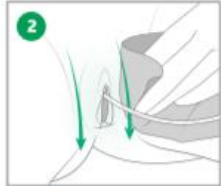
Female: Recommend performing care every 12 hours.

INNER THIGHS



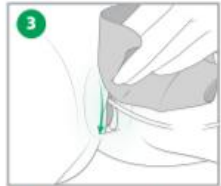
Inner thighs. Discard cloth.

LABIA MAJORA



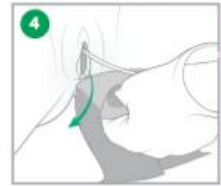
Labia majora, including skin folds, top to bottom; repeat on opposite side using separate section of cloth. Discard cloth.

LABIA MINORA



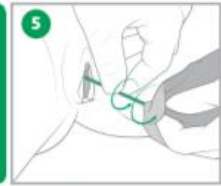
Labia minora and clitoris from top to bottom. Discard cloth.

VAGINA TO RECTUM



Vaginal orifice to rectum, wiping from front to back. Discard cloth.

CATHETER CARE

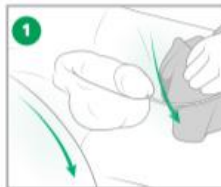


Use circular motions to wipe the catheter from the urinary meatus toward the bifurcation. Discard cloth.

CHANGE GLOVES

Male: Recommend performing care every 12 hours.

INNER THIGHS



Inner thighs. Discard cloth.

SHAFT



Penis, including shaft. Discard cloth. **NOTE:** If patient is uncircumcised, retract foreskin. Using circular motion, cleanse from urethral meatus outward. Return foreskin to its natural position.

SCROTAL SAC



Scrotum. Discard cloth.

SCROTUM TO RECTUM



Scrotum to rectum, wiping from front to back. Discard cloth.

CATHETER CARE



Use circular motions to wipe the catheter from the urinary meatus toward the bifurcation. Discard cloth.

CHANGE GLOVES

Use all cloths and dispose in trash

Do Not Flush!

All patients with a urinary catheter are to be cleansed with all 5 cloths every shift. Follow package instructions.

Remedy Phytoplex

Incontinence

- This wipe is used anytime a patient has an incontinent episode (urine and/or diarrhea).
- **Barrier cream is not necessary**, as this wipe already contains Dimethicone.
- Dispose of used cloths in the trash by rolling them up inside the patient's underpad.



Do Not Flush!

4-in-1 barrier cream cloth
specially formulated with
premium nutrients and
3.6% Dimethicone skin
protectant.

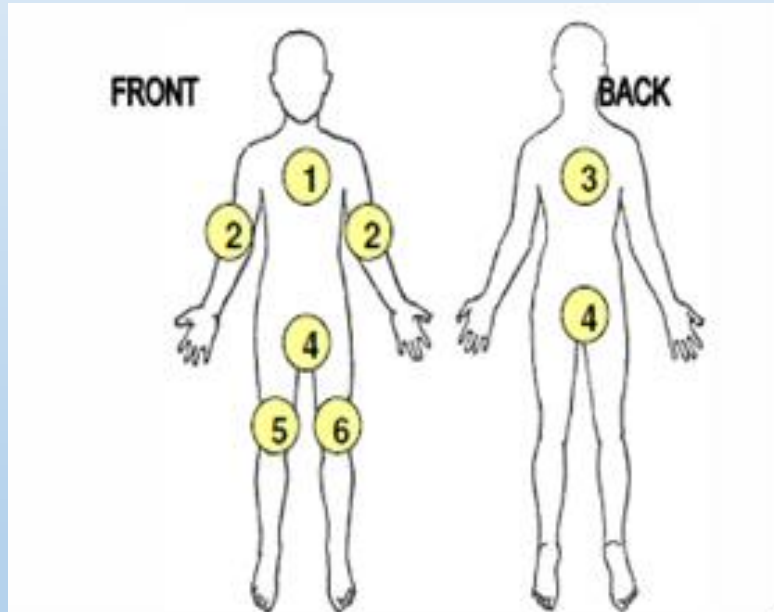


Average incontinence cleanups should
utilize 2-3 cloths
Reseal package after use to retain
moisture

Central Line Care

Prevent CLABSI

READYPREP™ CHG
PRE-SATURATED 2% CHG CLOTHS



Application of Chlorhexidine Gluconate (CHG)

For all patients (ambulatory/bedbound) who have a central line

- Apply CHG using all 6 cloths after daily bath/shower
- Avoid face or perineal area
- Do not rinse off
- Do not use on patients who are receiving radiation
- Do not use CHG on infants 2 months or younger

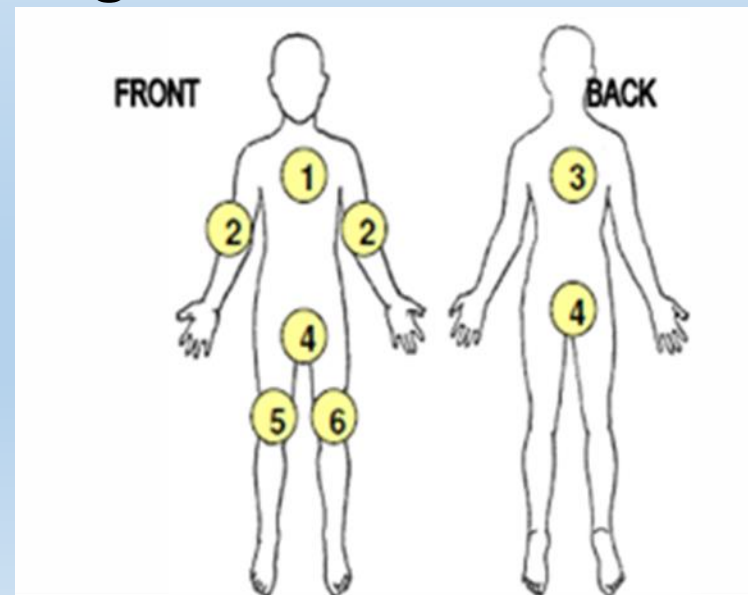
Do Not Flush!

Preventing Healthcare Associated Infections in the ICU/PCU (Stepdown) Patient

- Apply ReadyPrep CHG using all 6 cloths
- Avoid face and perineal area
- Do not rinse off
- Do not use on patients who are receiving radiation or have had a breast flap
- Do not use CHG on infants 2 months or younger

Do Not Flush!

READYPREP™ CHG
PRE-SATURATED 2% CHG CLOTHS



READYPREP™ CHG
PRE-SATURATED 2% CHG CLOTHS

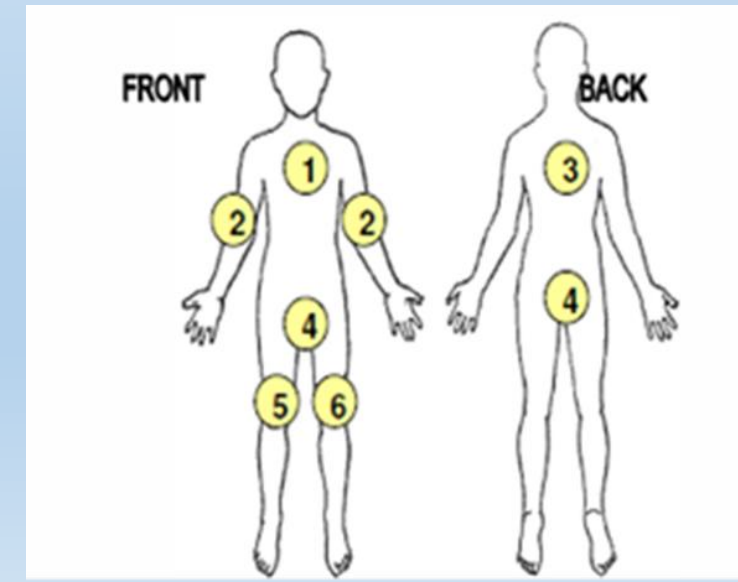
Pre-operative Bathing

The night before and morning of surgery:

- If patient is ambulatory, shower as usual then bathe with 4% Chlorhexidine liquid (in bottle) and then rinse. Do not use on face or in the perineal area
- If patient is bedbound, bathe as usual with ReadyBath, let skin dry; then apply CHG using all 6 ReadyPrep CHG cloths as shown in the diagram
- Do not use CHG on infants 2 months or younger
- Do not apply any creams or lotions after application of CHG.



Do Not Flush!



HAIR CARE

ReadyBath Cap



No need to add water!



Gentle, No-Rinse Shampoo and Conditioner

Specially formulated cleansers clean, condition and leave hair and scalp feeling fresh and clean.

Cushiony Absorbent Fabric Liner

Extra-soft fabric allows gentle, relaxing scalp massage that cleans and conditions.

Waterproof, No-Leak Cover

Cover fabric uses gentle elastic edge to keep shampoo and conditioner from leaking. When you're done, just lift and dispose of the entire cap.

ReadyBath Gives Hair That Just-Washed Look And Feel.



ENJOY A
RINSE-FREE,
EASY CLEAN



WARM-UP CAP
FOR A RELAXING
SHAMPOO




CHOOSE FRESH
SCENTED
OR UNSCENTED



THE CLEAN CHOICE
WHEN SHOWERING
IS NOT AN OPTION

ReadyBath[®] Intelligent Warmer

ReadyBath Warmer Status Indicator (What the lights mean)

-  **HEATING** – Solid Red LED – Packs have not yet reached the required temperature.
-  **HEATED** – Solid Green LED – Packs have reached the required temperature and are ready to use.
-  **USE FIRST** – Green LED Flashes – Pack has been in the warmer for 84 hours. These packs should be used first.
-  **DISCARD** – Red LED Flashes – Pack has been in the warmer longer than 250 hours and should be discarded.



Cerner Documentation: Patient Bath

Which patients need a bath documented?

- ALL patients

How often should you document bathing on all patients?

- DAILY (day or night shift)

What should BATHING documentation include?

- Shower, Bed Bath, or Towel Bath (ONLY THESE OPTIONS)
- Documenting “Self Care” or “Partial Bath” does not fulfill the BATH documentation requirement
- If patient REFUSES BATH, document and notify RN
- Hand off report should include if bath was provided/refused

Documenting a Bath

✓	Adult Quick View
✓	Caregiver Rounding
✓	**VITAL SIGNS**
✓	Neuro Checks
✓	Mental Status/Cognition
✓	Comfort Interventions
✓	Isolation
✓	Measurements
✓	Pain Assessment
✓	Opioid Sedation
✓	Pain Interventions
✓	Activities of Daily Living
✓	Individual Observation Record
✓	Provider Notification
✓	Critical Results
✓	Nursing Handoff/Transport Communication
✓	Preprocedure Time-Out

To document BATH, go to:
#1 Adult Quick View
#2 Activities of Daily Living
#3 Hygiene ADLs
#4 Personal Care Provided
-Choose from drop down menu

Find Item Critical High Low Abnormal

Breakfast Percent	%	<input type="checkbox"/>
Lunch Percent	%	<input type="checkbox"/>
Dinner Percent	%	<input type="checkbox"/>
Feeding Tolerance		<input type="checkbox"/>
Amount of Time for Feeding	minutes	<input type="checkbox"/>
PO Supplement		<input type="checkbox"/>
PO Supplement Additives:		<input type="checkbox"/>
Hygiene ADLs		
Personal Care Provided		<input type="checkbox"/>
Nursing Handoff/Trans...		
Transfer		<input type="checkbox"/>
Transport Destination		<input type="checkbox"/>
Mode of Arrival		<input type="checkbox"/>
Patient Equipment		<input type="checkbox"/>
Accompanied By Staff		<input type="checkbox"/>
Report Given at Bedside		<input type="checkbox"/>
Reason Bedside Report Not Given		<input type="checkbox"/>
Nurse Receiving Report		<input type="checkbox"/>
Nurse Giving Report		<input type="checkbox"/>
CP Receiving Report		<input type="checkbox"/>
CP Giving Report		<input type="checkbox"/>
Patient ID Band on and Verified		<input type="checkbox"/>
IPOC Reviewed		<input type="checkbox"/>
Lines Traced		<input type="checkbox"/>
Safety Precautions Reviewed		<input type="checkbox"/>
Handoff Comments		<input type="checkbox"/>

Personal Care Provided

<input type="checkbox"/>	Foley care	05 EST
<input type="checkbox"/>	Foot care	
<input type="checkbox"/>	Gown change	
<input type="checkbox"/>	Hair care	
<input type="checkbox"/>	Linen change	
<input type="checkbox"/>	Lotion	
<input type="checkbox"/>	Nail care	
<input type="checkbox"/>	Oral care	
<input type="checkbox"/>	Oral suctioning	
<input type="checkbox"/>	Partial bath	
<input type="checkbox"/>	Peri care	
<input type="checkbox"/>	Peri pad change	
<input type="checkbox"/>	Antimicrobial Bath	
<input type="checkbox"/>	Routine skin care	
<input type="checkbox"/>	Self Care/Independent	
<input type="checkbox"/>	Shampoo	
<input type="checkbox"/>	Shave	
<input type="checkbox"/>	Shower	
<input type="checkbox"/>	Shower chair	
<input type="checkbox"/>	Sitz bath	
<input type="checkbox"/>	Special skin care	
<input type="checkbox"/>	Teeth brushed	
<input type="checkbox"/>	Towel bath	
<input type="checkbox"/>	Tub bath	
<input type="checkbox"/>	Underpad change	
<input type="checkbox"/>	Washed face	
<input type="checkbox"/>	Washed hands	
<input type="checkbox"/>	Water pick	
<input type="checkbox"/>	AM cares	
<input type="checkbox"/>	Barrier cream	
<input type="checkbox"/>	Bed bath	
<input type="checkbox"/>	Bed pan	
<input type="checkbox"/>	Bedside commode	
<input type="checkbox"/>	Denture care	

When applying CHG, check antimicrobial bath

These 3 options:

- Shower
 - Towel bath
 - Bed bath
- are the only options that meet the requirement for BATH DOCUMENTATION

Cerner Documentation: Foley Care

Which patients need documentation on Foley care?

- Document “Foley care” for patients with indwelling Foley catheters
- Document “Peri-care” for patients with female external device or condom catheters

How often should you document Foley care?

- Every shift and as needed

Reminders about Foley care documentation:

- Even if patient is a self care, ensure Foley care is done
- “Peri-care” and “Bath” do NOT fulfill “Foley care” documentation requirement

Thank you for Caring for Our Patients

