

## **COMMUNICATIONS**

- Feb. 3, 2020 Launch Email
- Feb. 11, 2020 Roadshows & Feb. Jackpot Days
- March 3, 2020 Spouse Deductible Credit
- March 10, 2020 March Point Earning Opportunities



Watch a recording of the Wellness Platform/Virgin Pulse demo webinars. <u>CLICK HERE</u>

- May 1, 2020 Game Session #3 Starts
- June 15, 2020 Big Point Earning Opportunities
- Sept. 3, 2020 Current Program Year Adjustments

# **RESOURCES**

- How to Register and Get Started
- How to get your deductible down to \$0
- How can I earn my wellness platform points?
- How to earn more than 15,000 points in 60 days
- How to earn more than 13,000 points in 35 days
- Deductible Worksheet: Employee Only
- <u>Deductible Worksheet: Employee + Spouse</u> (also applies to Employee + Spouse + Children)
- Deductible Worksheet: Employee + Children

# **HELPFUL CONTACTS**

## **Wellness Platform Games & Activities**

Wellness Advantage

786-596-2387 | wellnessadvantage@baptisthealth.net

#### **Wellness Platform Technical Help**

Virgin Pulse | support@virginpulse.com 888-671-9395 M - F, 8am - 9pm EST.

## **Current Benefits/Health Plans**

Boca Regional Benefits Hotline 561-955-5050

# **Privacy of My Health Information**

**BHSF Privacy Office** 

786-596-8850 | Privacy@baptisthealth.net

## **Covered Spouses**

Got a spouse covered under your Baptist Health or Boca Regional medical insurance plan? They can start earning money to pay down their deducible too! Invite them to access the wellness app the same way, using your new Baptist Health Employee ID with the letter "s" at the end of it to indicate they are your spouse. <u>CLICK HERE</u> for details.

Don't want to get involved and participate in earning money to take down your deductible? It's ok, you can opt to select the alternate healthcare plan – The Pineapple Basic Plan. It will have a lower deductible, but will have a higher employee contribution (payroll deduction) and significantly higher out-of-pocket expenses, thereby costing you more money in the long run. If you get involved in helping to take down your deductible in the Pineapple Premier Plan, you could potentially take your deductible down to \$0, have a lower employee contribution (payroll deduction) and lower out-of-pocket expenses, thereby being a lot less expensive option, which could also proactively help you get healthier along the way.

**Baptist Health has a Notice of Privacy Practices** for the health plans offered to our employees. This Notice outlines the steps that we take to protect your medical information and how we use or disclose this information. The Notice will be visible when you log into the My Wellness Advantage platform. It can also be found on the For Employees section at baptisthealth.net or by clicking <u>here</u>.